

FRIDAY 1/30/2026

Breakfast

Rye flake porridge L, NO-MILK, VEGAN Tomato L, G, NO-MILK

Vegetarian lunch

Pulled oats lasagnette L, NO-MILK, VEGAN Grated red cabbage, carrot and peach L, G, NO-MILK, VEGAN

Lunch

Chicken and pasta casserole L Grated red cabbage, carrot and peach L, G, NO-MILK, VEGAN Bread, spread, drinks

Snack

Mango and orange smoothie L

Dinner

Pork with sweet pepper and cheese sauce L, G Potatoes L, G, NO-MILK, VEGAN Iceberg lettuce, tomato and crushed peas salad L, G, NO-MILK, VEGAN

Vegetarian dinner

Chickpea, lentil and coconut curry L, G, NO-MILK, VEGAN Potatoes L, G, NO-MILK, VEGAN Iceberg lettuce, tomato and crushed peas salad L, G, NO-MILK, VEGAN

Muutokset mahdollisia

LAKTOOSITON - Lactose free, GLUTEENITON - Gluten free, MAITOALLERGIA - Milk allergy, VEGAANI - Vegan