

**FRIDAY 1/30/2026**

<b>Breakfast</b>	Rye flake porridge L, NO-MILK, VEGAN Tomato L, G, NO-MILK
<b>Vegetarian lunch</b>	Pulled oats lasagnette L, NO-MILK, VEGAN Grated red cabbage, carrot and peach L, G, NO-MILK, VEGAN
<b>Lunch</b>	Chicken and pasta casserole L Grated red cabbage, carrot and peach L, G, NO-MILK, VEGAN Bread, spread, drinks
<b>Snack</b>	Mango and orange smoothie L
<b>Dinner</b>	Pork with sweet pepper and cheese sauce L, G Potatoes L, G, NO-MILK, VEGAN Iceberg lettuce, tomato and crushed peas salad L, G, NO-MILK, VEGAN
<b>Vegetarian dinner</b>	Chickpea, lentil and coconut curry L, G, NO-MILK, VEGAN Potatoes L, G, NO-MILK, VEGAN Iceberg lettuce, tomato and crushed peas salad L, G, NO-MILK, VEGAN

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*Muutokset mahdollisia*

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*LAKTOOSITON - Lactose free, GLUTEEENITON - Gluten free, MAITOALLERGIA - Milk allergy, VEGAANI - Vegan*