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**Thursday 12/4/2025**

**Lounas II**

Minced meat sauce L, G  
Boiled potatoes L, G, VEG, M  
Iceberg lettuce and pineapple  
salad L, G, VEG, M



**Vegetarian lunch**

Shahi Paneer L, G  
Boiled potatoes L, G, VEG, M  
Iceberg lettuce and pineapple  
salad L, G, VEG, M



 Comply with Finnish nutrition recommendations  Ilmastoruoka

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*Muutokset mahdollisia*

*VL=vähälaktoosinen, L=Laktoositon, M=Maidoton, G=Gluteeniton, Veg=vegaaniruoka*

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*L - Lactose-free, G - Gluten-free, VEG - Vegan, M - Dairy-free*