

Friday 5/1/2026

Lounas II

Creamy rainbow trout and potato
casserole L, G
Broccoli L, G, VEG, M
Iceberg lettuce and pineapple
salad L, G, VEG, M



Vegetarian lunch

Creamy mushroom and vegetable
casserole L, G
Broccoli L, G, VEG, M
Iceberg lettuce and pineapple
salad L, G, VEG, M



 Comply with Finnish  Ilmastoruoka
nutrition
recommendations

Muutokset mahdollisia

VL=vähälaktoosinen, L=Laktoositon, M=Maidoton, G=Gluteeniton, Veg=vegaaniruoka

L - Lactose-free, G - Gluten-free, VEG - Vegan, M - Dairy-free